

JANUARY 2024 MIDDLE SCHOOL BREAKFAST MENU

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
JANUARY 1 <p style="text-align: center;">NO SCHOOL</p>	JANUARY 2 <p style="text-align: center;">Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk</p>	JANUARY 3 <p style="text-align: center;">Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk</p>	JANUARY 4 <p style="text-align: center;">Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk</p>	JANUARY 5 <p style="text-align: center;">Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk</p>
JANUARY 8 <p style="text-align: center;">Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk</p>	JANUARY 9 <p style="text-align: center;">Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk</p>	JANUARY 10 <p style="text-align: center;">Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk</p>	JANUARY 11 <p style="text-align: center;">Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk</p>	JANUARY 12 <p style="text-align: center;">Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk</p>
JANUARY 15 <p style="text-align: center;">NO SCHOOL</p>	JANUARY 16 <p style="text-align: center;">Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk</p>	JANUARY 17 <p style="text-align: center;">Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk</p>	JANUARY 18 <p style="text-align: center;">Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk</p>	JANUARY 19 <p style="text-align: center;">Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk</p>
JANUARY 22 <p style="text-align: center;">Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk</p>	JANUARY 23 <p style="text-align: center;">Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk</p>	JANUARY 24 <p style="text-align: center;">Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk</p>	JANUARY 25 <p style="text-align: center;">Egg and Cheese on WG Bagel Assorted Fresh Fruit Variety of Milk</p>	JANUARY 26 <p style="text-align: center;">Egg & Cheese on WG English Muffin Assorted Fresh Fruit 100% Fruit Juice Variety of Milk</p>

JANUARY 2024 MIDDLE SCHOOL BREAKFAST MENU

JANUARY 29	JANUARY 30	JANUARY 31		
Egg and Cheese on WG Croissant Assorted Fresh Fruit 100% Fruit Juice Variety of Milk	Egg & Cheese on WG Pretzel Bun Assorted Fresh Fruit Variety of Milk	Fresh Baked WG Cinnamon Bun Assorted Fresh Fruit 100% Fruit Juice Variety of Milk		

AVAILABLE DAILY:

Fresh fruit: may include apples, oranges, bananas

Variety of Milk: unflavored 1% milk, unflavored fat free milk or fat free chocolate milk

DAILY ALTERNATE ENTREES

Overnight Oats

Assorted Breakfast Breads: may include banana, pumpkin or blueberry

WG Muffins: may include blueberry, chocolate chip or banana

WG Benefit bars: may include banana chocolate chip or chocolate chip

Yogurt Parfait

Additional WG offerings may include mini pancakes, mini French toast or mini bagels

Assorted WG cereal may include WG Honey Nut Cheerios, WG Cinnamon Chex, WG Cinnamon Toast Crunch, WG Cocoa Puffs

100% Fruit Juice: may include 100% apple, 100% orange, 100% grape or 100% fruit punch

This institution is an equal opportunity provider. Menu subject to change without notice.

WG = Whole Grain

***All grains offered are whole grain rich**